

# VALERIA VERRASTRO

Associate Professor

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Catanzaro, Italy

## EDUCATION:

- **PhD in Psychology**
- **Associate Professor**
- **Member of the Scientific Committee for Training Courses for the specialization in educational support for students with disabilities**
- **Head of Quality Procedures for the Interdepartmental Service Center (CIS)**
- **Head of the Research Unit for the PRIN PNRR 2022 project**

## CERTIFICATIONS:

### Registered Psychologist and Psychotherapist

Registered with the register of psychologists and psychotherapists of Calabria.

1996 - Present

## SKILLS:

Expert in developmental and educational psychology with a focus on adolescents, behavioral addictions, and neurodevelopmental disorders.

Skilled in combining research with practical teaching methods.

## EDUCATION:

I am an experienced academic with a PhD in Psychology.

Currently serving as an Associate Professor at the University of Magna Graecia, I focus on developmental and educational psychology, including adolescent issues, behavioral addictions, and neurodevelopmental disorders.

In addition to my teaching and research, I hold several key roles: since October 22, 2021, I have been a Member of the Scientific Committee for Training Courses for the specialization in educational support for students with disabilities. Since September 2022, I have been responsible for Quality Procedures at the Interdepartmental Service Center (CIS). As of November 29, 2023, I am also leading the Research Unit for the PRIN PNRR 2022 project."

## EXPERIENCE:

- **Associate Professor of Developmental and Educational Psychology**
  - **Member of the Scientific Committee for Training Courses for the specialization in educational support for students with disabilities**
  - **Head of Quality Procedures for the Interdepartmental Service Center (CIS)**
  - **Head of the Research Unit for the PRIN PNRR 2022 project**
- Teach courses on developmental and clinical psychology, integrating theoretical and practical components.
  - Conduct research on behavioral addictions, neurodevelopmental disorders, and adolescent well-being.
  - Lead research projects in developmental psychology and educational sciences, including the PRIN PNRR 2022 project as Head of the Research Unit since November 2023.
  - Serve as a Member of the Scientific Committee for Training Courses for the specialization in educational support for students with disabilities since October 2021.
  - Oversee Quality Procedures at the Interdepartmental Service Center (CIS) since September 2022.