

Luca Steardo

Psychiatry

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Catanzaro, Italy

EDUCATION:

Associate Professor of Psychiatry

Clinical Experience:

Clinical Psychiatry

Azienda Ospedaliero
Universitaria «Renato
Dulbecco», Italy

SKILLS:

Psychotherapy

DNA estraction-
purification, PCR,
Western Blot,
Cromathography, Cell
culturesPrincipali
tematiche/competen
ze professionali
acquisiteFoundament
als in animal behavior
investigations

EDUCATION:

From 2004, he attended, first as an internal student and then as a thesis student, the mood disorders outpatient clinic at the Department of Psychiatry of the University of Campania "Luigi Vanvitelli". In 2011, he won the admission competition to the Specialization School in Psychiatry at the University of Campania "Luigi Vanvitelli", and the related five-year scholarship. He specialized in Psychiatry in 2016 with a score of 50 cum laude out of 50. In 2014, he was an Elective Resident at the Mood Disorder Clinic at Dalhousie University in Halifax, Canada. In 2016, he completed training in Cognitive-Interpersonal Psychotherapy at the psychotherapy school in Rome "Association for Research in Cognitive-Interpersonal Psychotherapy" directed by Prof. G. Scione, focusing particularly on affective spectrum disorders. In 2018, he obtained a PhD in Medical, Clinical, and Experimental Sciences, XXXI cycle, from the University of Campania "Luigi Vanvitelli". In December 2018, he was Researcher at the "Magna Graecia" University of Catanzaro in Psychiatry. Since December 2021, he is an Associate Professor at the "Magna Graecia" University of Catanzaro in the scientific disciplinary sector MED/25 where he currently carries out his clinical and didactic activities in this role.

EXPERIENCE:

Clinical Observership

Azienda Ospedaliero Universitaria «Renato Dulbecco», Italy
June 2019 – present

- the impact of internist diseases on response to pharmacological therapies
- the phenotyping of clinical characteristics underlying different responses to psychotropic drugs;

Teaching Assistant

- Department of Psychiatry, University «Magna Graecia» of Catanzaro

Teaching in the psychology degree program.

Psychopathology

1. Depression
2. Bipolar disorder
3. Anxiety disorder
4. Obsessive compulsive disorder
5. Post traumatic stress disorder
6. Dissociative disorder