

VALERIA SALADINO

Assistant Professor

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Località Germaneto,
Catanzaro

EDUCATION:

Bachelor's Degree in Psychological Sciences and Techniques, University of Enna 'Kore' (2012).

Master's Degree in Clinical Psychology with a criminological focus, University of Enna 'Kore' (2014).

Clinical Experience:

Psychotherapist, Institute for the Study of Psychotherapies
2024 - Present

CERTIFICATIONS:

National Scientific Qualification (ASN),
Competition Sector: 11/E4,
Rank: 2 (2022-2032).

SKILLS:

Strong interpersonal and communication skills developed through patient interactions.

Proficient in developing research projects in the clinical and treatment fields; tutoring of early career researchers and networking.

EDUCATION:

As a clinical psychologist, criminologist, and psychotherapist, she has been conducting scientific observation of personality since 2016 conducted reserach and treatment projects as in correctional facilities for adults.

Assistant Professor in Dynamic Psychology at the University of Magna Graecia in Catanzaro, Department of Health Sciences. The purpose of her course is to train students to acquire basic skills related to the dysfunctional dynamics that characterize family and couple relationships and that lead to violent consequences.

EXPERIENCE:

Assistant Professor in Dynamic Psychology

Department of Health Sciences, Magna Graecia
University of Catanzaro, Italy
May 2024 - Present

She developed the following area of research:

- Deviant trajectories in adolescents and young adults in contexts of distress.
- Sexual offending and individualized and group treatment of sexual offenders; traumatic factors in justice-involved individuals.
- Support of people with autism spectrum disorder through the integration of audiovisual tools in the psychotherapeutic path.
- Behavioral addictions and the influence of some behaviors associated with the problematic use of the Internet and social networks on psychological well-being, such as binge watching, maladaptive daydreaming, sexting

Clinical and tutoring activities

Institute for the Study of Psychotherapy
February 2016 - Present

- Facilitating small group discussions for students in psychology and psychotherapy.
- Providing guidance in structuting research projects in clinical setting.
- Preparing educational materials and evaluating student performance.